

10th

Annual

Saturday  
6/15/2024  
9:00 am

**FREE**  
**Community Event**



- SKILL BUILDING
- FUN WITH FRIENDS
- SAFE CLOSED COURSE
- FREE FAMILY FUN
- SNACKS
- GIVE-A-WAYS


Registered Participants completing the event will receive a medal, t-shirt, and more!

**Sponsored by:**  
***Locey CPA***  
***Sturgis Community Pool***

**ONLINE REGISTRATION**

<https://tinyurl.com/2024youthtri>  
For any questions, please contact:  
Natalie Boland 574-261-0091  
Natalie.boland76@gmail.com

Find us on 



**All Participants  
will receive a t-shirt,  
medal, and more!**

**ALL YOUTH WELCOME! Must be able to swim without flotation device and ride without training wheels.**

**Event Date: June 15, 2024**

**Time: 9:00am**

**Location: Sturgis Community Pool  
1474 Ivanhoe  
Next to the High School**

Age	Swim*	Bike	Run
7 & under	25 yds	1/2 mile	1/3 mile
8-10	50 yds	1 1/2 miles	3/4 mile
11-13	100 yds	3 miles	1 1/2 miles
14 & up	200 yds	3 1/2 miles	2 miles

\*25 yards is one length of the Community Pool.

### **Registration**

Online at <https://tinyurl.com/2024youthtri> or contact Natalie Boland. Entries must be received by June 7th. We will do our best to accommodate late and day of entries (may not receive a t-shirt).

### **Packet Pick-Up for Youth Tri**

Race packet pick-up will be held at the Community Pool on Friday 6/14 from 5:00-6:00pm and on race day 6/15 from 7:30-8:30am.

**Distances are approximate and may change. They will not be longer than posted above.**

### **Race Day Preparation**

Arrive early to lay out equipment for transition. Numbers will be written on the arm and hand the day of the event by a race committee member. Your child must be able to swim without a flotation device. One parent can help their child put shoes on after the swim and before the bike course, however, no parents will be allowed in the transition area to avoid congesting this area. All participants must have a bike helmet and bike must be in working order. (i.e. chain, tires and brakes) Training wheels, scooters and tricycles are not permitted. Race t-shirts must be worn during bike and run with number pinned on front. On the day of the event, a committee person may eliminate your child if necessary.

Participants will be staged on the bleachers next to the pool with their appropriate age group and the first group will be instructed to begin promptly at 9:00am.

After the swim, participants will head to the transition area to begin the biking portion of the race and then will continue to the run and finish out the race ending up just outside the pool. All routes are in and around the pool and high school on a closed course.

Parents should help participants prepare to compete in this type of multi-skill event, including checking equipment and practicing transition. If they are not a strong swimmer, consider coming to the open swim on Monday, Wednesday & Friday from 7-8pm, and Saturday 2-5pm. See [www.sturgisps.org](http://www.sturgisps.org) and go to athletics/Sturgis community pool for more details.

Our main goal is to provide a safe environment for the youth of our community to have fun, while building skills.

### **Post-Race Activities**

Each participant will receive a medal. Water and snacks will also be available for participants and families upon completion of the event.

***For Questions, please contact:***

**Natalie Boland 574-261-0091  
natalie.boland76@gmail.com  
Community Pool 269-659-1585  
moconnell@sturgisps.org**